



ValueOptions Colorado Partnerships Provider Alert

Authorization Requirements Updates

The purpose of this Provider Alert is to notify in-network providers of new requirements regarding authorizations for outpatient services. You may have recently heard about these changes through our provider relations team, or through your work with our utilization management department. Please read the information below for details on the requirements around authorizations.

Effective Date: April 1, 2015

In addition to the current pass-through for assessment and medication management services, authorizations for outpatient individual psychotherapy and/or family therapy will no longer be required. The requirements are being relaxed to assist our network providers in the treatment of our members. The following codes will now be billable without an authorization:

Code	Description
90832	Psychotherapy, 30 minutes with the patient and/or family member
90833-ADD-ON	Psychotherapy, 30 minutes with the patient and/or family member when performed with an evaluation and management service (list separately in addition to the code for primary service)
90834	Psychotherapy, 45 minutes with the patient and/or family member
90836-ADD-ON	Psychotherapy, 45 minutes with the patient and/or family member when performed with an evaluation and management service (list separately in addition to the code for primary service)
90837	Psychotherapy, 60 minutes with the patient and/or family member
90838-ADD-ON	Psychotherapy, 60 minutes with the patient and/or family member when performed with an evaluation and management service (list separately in addition to the code for primary service)
90846	Family psychotherapy (without the patient present)
90847	Family psychotherapy (conjoint psychotherapy) (with patient present)

90875	Individual psychophysiological therapy incorporating biofeedback training by any modality (face-to-face with the patient), with psychotherapy (e.g., insight-oriented, behavior modifying or supportive psychotherapy); approximately 20 – 30 minutes
90876	Individual psychophysiological therapy incorporating biofeedback training by any modality (face-to-face with the patient), with psychotherapy (e.g., insight-oriented, behavior modifying or supportive psychotherapy); approximately 45 – 50 minutes

For Substance Use Disorder treatment, based on provider practice patterns and member need, we have also eliminated the authorization requirement for methadone maintenance, H0020.

ALL other OP codes will continue to require authorization for claims payment. Providers must continue to submit authorization requests as per our usual processes.

Guidelines:

- ValueOptions will ONLY authorize codes that are necessary for payment.
- This is ONLY for in-network providers. Out of network providers will continue to need SCA’s according to our current process.
- Providers will be monitored through outlier reports for usage of sessions.
- Over the course of treatment, we may ask for a treatment plan for review.
- Timely filing of claims remains 90 days, so providers must still track the sessions they use and submit billing in a timely manner.

Resources:

If you have any questions or concerns regarding these requirements you may contact ValueOptions Provider Relations at 800-804-5040 or email coproviderrelations@valueoptions.com.

Provider Alerts can be accessed at:

http://www.coloradohealthpartnerships.com/provider/prv_info.htm

http://www.fbhpartners.com/providers/prv_information.htm

Provider Handbooks can be accessed at:

http://www.coloradohealthpartnerships.com/provider/prv_hbk.htm

http://www.fbhpartners.com/providers/prv_handbook.htm