



Enhanced Clinical Management
Client has secondary therapist(s) using more than two sessions.

Client Name: _____
Medicaid ID: _____
DOB: _____

Utilization Management process for mental health center providers

- A report showing clients who have been seen two (2) or more times by two (2) or more therapists within the mental health center will be sent to supervisors for internal review of the cases.
Since many mental health center clients are seen in either group, individual, or family therapy or a combination of these modalities, and since many CMHC clients have medication management contacts and case management contacts, this ECM will be used to determine if over utilization of services is occurring.
Supervisors will document in chart, under a supervision note, the rationale for multiple therapists, and/or multiple modalities.
If it is determined that a service is not needed they will discuss the change in treatment plan with the client. If the client disagrees with the discontinuation of services, the supervisor or treating provider will contact ValueOptions Colorado to review the case for medical necessity.
If it is determined that the client does not need the services, a denial of that service will occur from the ValueOptions Colorado Clinical Director. ValueOptions Colorado will be responsible for denial/appeal communications with the client.

Date Note Entered in Chart: _____

What was discussed? _____

Supervisor's Name: _____
Date: _____
Supervisor's Signature: _____
Telephone #: _____